

VOLUNTEER WITH LAFASA

Volunteering as a Crisis Support Specialist (CSS) allows you to help others while gaining valuable experience.

LaFASA Text Crisis Helpline: Volunteer Crisis Support Specialist

Position Description & Perks

Crisis Support Specialists are volunteers who provide live, secure, anonymous emotional support, crisis intervention, and resources to anyone impacted by sexual assault in the state of Louisiana via LaFASA's online and texting helpline.

- Learn to communicate compassionately over text to best support the growing number of people who prefer connecting online.
- Flexible scheduling and work from your home
- Receive support from a Licensed Master Social Worker who can answer questions and assist.
- Free individual LaFASA membership (\$45 value)
- Join a community of sexual violence prevention and response peers across the state.
- CSS volunteers are on-call for 4-hour shifts of their choosing; daytime, evening, and weekend shifts are available. Take as few as four shifts per month (16 hours total).

Qualifications

1. Be at least 18 years old and live within the US .
2. Must pass a criminal background check provided by LaFASA AT NO COST to you.
3. Have access to reliable internet connection and technology to connect to helpline platform during shifts.
4. Have access to a quiet, private place to take chats.
5. Passion for supporting survivors of sexual harm and their loved ones.
6. Nonjudgmental attitude and willingness to practice active listening.
7. Willingness to give and receive feedback to help this program continue to grow.

Program Expectations

1. Complete 40 hours of training consisting of both online self-paced, live training sessions, and role plays. Training is at scheduled intervals throughout the year posted at lafasa.org.
2. Commitment is six months, but one year is preferable, of volunteering upon completion of training.
3. Adhere to and practice all LaFASA policies, including anti-discrimination policy, at all times when serving helpline visitors.

If interested please reach out to Courtney Cook (she/her), Crisis Chat Intervention Program Coordinator, with any questions you may have or to sign up for the next training at courtney@lafasa.org or 318.794.3855.



LaFASA

Louisiana Foundation Against Sexual Assault

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LaFASA is the statewide coalition that assists survivors and provides training, technical assistance, and support to accredited sexual assault centers across Louisiana.